Education Works in Pre-School



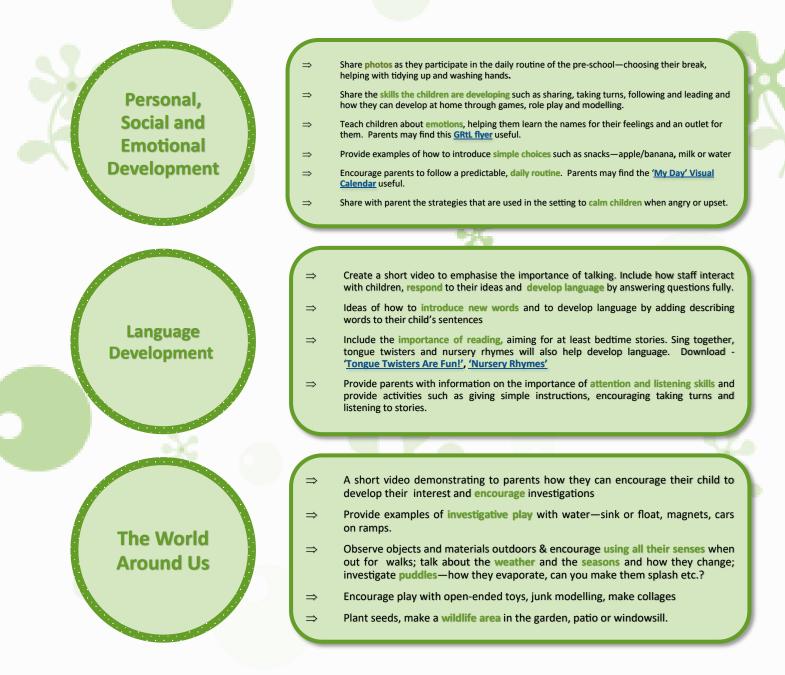
TOP TIPS FOR SHARING

KEY MESSAGES

Education Works in Pre-school aims to enable settings to raise parents' understanding of the pre-school curriculum and develop their role in supporting their child's learning at home.

During the busy pre-school day, children engage in a wide range of wellplanned and stimulating activities. Early years practitioners skilfully support

children's development across six areas of learning, monitoring progress and adapting experiences to meet individual needs.



TOP TIPS FOR SHARING **Education Works in Pre-School** KEY MESSAGES Explore capacity at the sand or water table using jugs, empty bottles, toys etc. \Rightarrow Comparing weight by getting children to guess heaviest/lightest with cans or \Rightarrow packets of cereal Early Teach them how to measure using rulers, tape measures or hands & feet \Rightarrow **Mathematical** Shape hunts around the home or outside, or cut out shapes from card and get \Rightarrow children to 'hop on the circle', 'jump to the square' etc Development Gather a box of small toys, stones, shells, buttons and sort/count them based on \Rightarrow size, colour or what they are e.g. animals in one pile, shells in another Notice the size of objects, get children to sort into sizes. Get them to be aware \Rightarrow of their own size. Encourage using household materials by making collages from magazines or catalogues. ⇒ The home learning packs will have some basic items, encourage them to gather a wide \Rightarrow range of materials together like paint, colored pencils, chalk, play dough, markers, crayons, scissors and stamps. Mix it up by bringing in unexpected materials like Q-tips, dinosaurs, dry pasta or beans. The Arts Suggest music which children can march, dance, stamp or clap to. Songs they can sing along ⇒ to or have fun actions. Children can make their own instruments from junk or pots and pans. Give the children lots of opportunities for role-play-give simple ideas that you use to \Rightarrow stimulate creative play such as providing their old clothes for dress up, or creating costumes from old sheets or hats from boxes. Dramatic play offers a safe place for children to act out real life situations. Encourage parents to create opportunities for their child to be active for three hours each dav ⇒ Show images of children engaged in running, balancing, throwing, catching, hopping, crawling, playing with dough, scissors, tweezers. **Physical** Encourage parents to play games that develop stability such as stop/start such as ⇒ Freeze, Musical Statues or games were they are animals and have to put weight on **Development** different parts of the body. Encourage parents to give their child opportunities to develop their throwing and ⇒ catching skills. Start with scarves, bean bags, large balls, squishy balls; increase difficulty by throwing into a bucket. Useful Links (click to download): GRTL 'Gross Motor Skills' Leaflet—Suggestions and ideas that you may find useful to share with parents in your setting. Some of these ideas were shared and discussed at the recent Transforming Practice Session co-facilitated by RISENI.

WHS 10 Minute Shake-Up! - Change4Life and Disney have teamed up to bring you play-along games inspired by your favourite Disney and Pixar characters. These 10-minute bursts of fun will really get your kids moving and count towards the 60 active minutes they need every day!

Go Noodle! - GoNoodle® engages and inspires millions of kids every month to channel their boundless energy-getting them up, moving and becoming more mindful. Created by child development experts, GoNoodle is available for free at school, home, and everywhere kids are!